

Event: **UK Womens League**
 Venue: **Liverpool**
 Date: **6th August 2006**

Results

SW 100m		'A' String		+1.75
pos.	Name	Team	Perf.	
1	1	Cara Roberts	Cardiff AAC	12.2 G3
2	8	Shona MacPherson	Wigan Harriers AC	12.3 G3
3	2	Aileen Connolly	City of Glasgow	12.3 G3
4	6	Emily Young	Team Southampton	12.4 G3
5	7	Kate Edmundson	Wakefield Harriers	12.5
6	4	Katey Read	Liverpool Harriers	12.8
7	3	Kirsty Smith	Havering Mayesbrook	12.9
8	5	Kirsty Woolford	Swansea Harriers	13.5

SW 100m		'B' String		+4.7
pos.	Name	Team	Perf.	
1	66	Vicki Burgess	Team Southampton	12.3 G3
2	44	Helen Asher	Liverpool Harriers	12.4 G3
3	22	Danielle Osbourne	City of Glasgow	12.5
4	11	Mel Stephenson	Cardiff AAC	12.5
5	77	Ruth Dales	Wakefield Harriers	13.2
6	88	Beth Heaton	Wigan Harriers AC	13.2
7	33	Hannah Gamester	Havering Mayesbrook	13.3
8	---			

SW 200m		'A' String		+3.9
pos.	Name	Team	Perf.	
1	8	Jennifer Meadows	Wigan Harriers AC	24.2 G2
2	6	Sian Scott	Team Southampton	24.5 G2
3	2	Lisa Doyle	City of Glasgow	24.9 G3
4	5	Anwen Rees	Swansea Harriers	24.9 G3
5	1	Mel Stephenson	Cardiff AAC	25.4 G3
6	7	Kate Edmundson	Wakefield Harriers	26.0
7	4	Laura Holdsworth	Liverpool Harriers	26.9
8	3	Cloe Van Wulvan	Havering Mayesbrook	28.2

SW 200m		'B' String		+3.2
pos.	Name	Team	Perf.	
1	88	Shona MacPherson	Wigan Harriers AC	25.0 G3
2	11	Eleanor Caney	Cardiff AAC	25.1 G3
3	22	Aileen Connolly	City of Glasgow	25.2 G3
4	66	Vicki Burgess	Team Southampton	25.5
5	77	Charlene Snelgrove	Wakefield Harriers	26.6
6	44	Gayle O'Connor	Liverpool Harriers	26.6
7	55	Angharad Randall	Swansea Harriers	27.6
8	33	Robyn Delevitt	Havering Mayesbrook	29.4

SW 400m		'A' String		
pos.	Name	Team	Perf.	
1	8	Jennifer Meadows	Wigan Harriers AC	53.7 G1
2	1	Lisa Parry	Cardiff AAC	55.6 G2
3	4	Vicky Griffiths	Liverpool Harriers	55.7 G2
4	6	Claire Nicholls	Team Southampton	57.4 G3
5	3	Harriet Scott	Havering Mayesbrook	58.2
6	2	Sarah Quinn	City of Glasgow	58.8
7	7	Kate Edmundson	Wakefield Harriers	61.1
8	5	Jennifer Corbett	Swansea Harriers	63.2

SW 400m		'B' String		
pos.	Name	Team	Perf.	
1	88	Amy Freeman	Wigan Harriers AC	55.6 G2
2	11	Eleanor Caney	Cardiff AAC	56.0 G3
3	77	Kelly Johnson	Wakefield Harriers	58.9
4	22	Alison Reid	City of Glasgow	59.6
5	44	Laura Holdsworth	Liverpool Harriers	60.8
6	66	Jess McMonagle	Team Southampton	61.0
7	33	Robyn Delevitt	Havering Mayesbrook	63.1
8	55	Kirsty Woolford	Swansea Harriers	65.6

SW 800m		'A' String		
pos.	Name	Team	Perf.	
1	7	Charlene Snelgrove	Wakefield Harriers	2:05.0 G1
2	5	Carol Glover	Swansea Harriers	2:11.5 G3
3	3	Harriet Scott	Havering Mayesbrook	2:12.1 G3
4	1	Debbie Jones	Cardiff AAC	2:15.4
5	2	Pamela Nicholson	City of Glasgow	2:16.2
6	4	Kate McGing	Liverpool Harriers	2:16.7
7	6	Catherine Davies	Team Southampton	2:41.2
8	---			

SW 800m		'B' String		
pos.	Name	Team	Perf.	
1	77	Kelly Johnson	Wakefield Harriers	2:09.8 G3
2	44	Hana Carroll	Liverpool Harriers	2:17.4
3	11	Bethan Strange	Cardiff AAC	2:20.2
4	33	Vicky Smith	Havering Mayesbrook	2:24.1
5	55	Elinor Kirk	Swansea Harriers	2:34.2
6	22	Sandra Branney	City of Glasgow	2:36.0
7	66	Becky Ridgley	Team Southampton	3:04.0
8	---			

SW 1500m		'A' String		
pos.	Name	Team	Perf.	
1	1	Debbie Jones	Cardiff AAC	4:33.4 G3
2	4	Vicky Griffiths	Liverpool Harriers	4:37.3 G3
3	22	Suzanne Benyon	City of Glasgow	4:38.9
4	7	Helen Singleton	Wakefield Harriers	4:49.3
5	5	Elinor Kirk	Swansea Harriers	4:52.1
6	3	Robyn Matson	Havering Mayesbrook	5:10.2
7	6	Catherine Davies	Team Southampton	5:33.5
8	8	Amy Freeman	Wigan Harriers AC	5:52.1

SW 1500m		'B' String		
pos.	Name	Team	Perf.	
1	2	Joanne Finch	City of Glasgow	4:45.7
2	44	Kathleen Upton	Liverpool Harriers	4:47.9
3	11	Bethan Strange	Cardiff AAC	5:02.8
4	55	Carol Glover	Swansea Harriers	5:07.1
5	33	Lesley Felton	Havering Mayesbrook	5:36.0
6	66	Katherine Streatfield	Team Southampton	6:05.1
7	88	Melanie McCoy	Wigan Harriers AC	7:24.0
8	---			

SW 3000m		'A' String		
pos.	Name	Team	Perf.	
1	3 Faye Fullerton	Havering Mayesbrook	9:25.3	G2
2	4 Laura Carney	Liverpool Harriers	9:57.5	G3
3	1 Emily Brown	Cardiff AAC	10:13.8	G3
4	22 Pamela Nicolson	City of Glasgow	10:19.7	
5	6 Catherine Davies	Team Southampton	11:51.0	
6	---			
7	---			
8	---			

SW 3000m		'B' String		
pos.	Name	Team	Perf.	
1	44 Maria Barrett	Liverpool Harriers	10:19.8	
2	2 Sandra Branney	City of Glasgow	10:43.5	
3	11 Julia Clarke	Cardiff AAC	10:47.7	
4	33 Helen Briscoe	Havering Mayesbrook	12:42.0	
5	66 Jess McMonagle	Team Southampton	16:05.5	
6	---			
7	---			
8	---			

SW 100m Hurdles		'A' String		+2.2
pos.	Name	Team	Perf.	
1	2 Alyssa Fullelove	City of Glasgow	14.0	G1
2	1 Sarah Lane	Cardiff AAC	14.2	G2
3	4 Katey Read	Liverpool Harriers	14.6	G2
4	8 Jackie Cook	Wigan Harriers AC	14.6	G2
5	6 Grace Clements	Team Southampton	14.7	G3
6	7 Ruth Dales	Wakefield Harriers	15.3	G3
7	5 Anna Leyshon	Swansea Harriers	18.0	
8	---			

SW 100m Hurdles		'B' String		+3.8
pos.	Name	Team	Perf.	
1	44 Helen Asher	Liverpool Harriers	14.8	G3
2	66 Emily Young	Team Southampton	14.9	G3
3	22 Kelly Mann	City of Glasgow	15.3	G3
4	11 Gemma Gouldbourne	Cardiff AAC	15.5	G3
5	77 Tracy Hilton	Wakefield Harriers	17.8	
6	---			
7	---			
8	---			

SW 400m Hurdles		'A' String		
pos.	Name	Team	Perf.	
1	6 Sian Scott	Team Southampton	58.7	G1
2	5 Anwen Rees	Swansea Harriers	60.0	G2
3	1 Emma Peters	Cardiff AAC	61.9	G2
4	2 Lisa Doyle	City of Glasgow	63.3	G3
5	7 Tracy Hilton	Wakefield Harriers	65.0	G3
6	3 Cloe Van Wulvan	Havering Mayesbrook	69.3	
7	8 Beth Heaton	Wigan Harriers AC	77.7	
8	---			

SW 400m Hurdles		'B' String		
pos.	Name	Team	Perf.	
1	11 Lucy Lougher	Cardiff AAC	63.6	G3
2	55 Anna Leyshon	Swansea Harriers	68.0	
3	22 Kerry Mann	City of Glasgow	69.1	
4	66 Jess McMonagle	Team Southampton	74.0	
5	33 Robyn Matson	Havering Mayesbrook	74.3	
6	---			
7	---			
8	---			

SW High Jump		'A' String		
pos.	Name	Team	Perf.	
1	1 Sharon Hevern	Cardiff AAC	1.73	G2
2	2 Erin Lesatte	City of Glasgow	1.70	G3
3	5 Ceri Stokoe	Swansea Harriers	1.65	G3
4	3 Cloe Van Wulvan	Havering Mayesbrook	1.60	
5	4 Jenny Woods	Liverpool Harriers	1.55	
6=	7 Laura Jarvis	Wakefield Harriers	1.50	
6=	8 Shona MacPherson	Wigan Harriers AC	1.50	
8	6 Katherine Streatfield	Team Southampton	1.45	

SW High Jump		'B' String		
pos.	Name	Team	Perf.	
1	11 Alisa Wallace	Cardiff AAC	1.70	G3
2	22 Barbara Kolasinski	City of Glasgow	1.65	G3
3	44 Gayle O'Connor	Liverpool Harriers	1.55	
4	55 Angharad Randall	Swansea Harriers	1.50	
5	88 Amy Richards	Wigan Harriers AC	1.50	
6	66 Kim Murray	Team Southampton	1.35	
7	77 Lysnie Whyne	Wakefield Harriers	1.30	
8	---			

SW Pole Vault		'A' String		
pos.	Name	Team	Perf.	
1	2 Jennifer Graham	City of Glasgow	3.80	G1
2	8 Michelle Sharrock	Wigan Harriers AC	3.70	G1
3	1 Jessica Abrahams	Cardiff AAC	3.60	G1
4	66 Becky Ridgley	Team Southampton	3.10	G1
5	5 Anna Leyshon	Swansea Harriers	3.00	G1
6	7 Caroline Nutt	Wakefield Harriers	3.00	G1
7	3 Hannah Gamester	Havering Mayesbrook	2.50	G3
8	---			

SW Pole Vault		'B' String		
pos.	Name	Team	Perf.	
1	11 Hannah Abrahams	Cardiff AAC	3.30	G1
2	6 Clare Ridgley	Team Southampton	3.10	G1
3	88 Melanie McCoy	Wigan Harriers AC	2.90	G1
4	33 Danielle Ross	Havering Mayesbrook	2.30	
5	---			
6	---			
7	---			
8	---			

SW Long Jump		'A' String		
pos.	Name	Team	Perf.	
1	2 Laura Redmond	City of Glasgow	5.65	G3
2	6 Grace Clements	Team Southampton	5.52	G3
3	1 Cara Roberts	Cardiff AAC	5.48	
4	77 Ruth Dales	Wakefield Harriers	5.18	
5	3 Kirsty Smith	Havering Mayesbrook	5.08	
6	5 Jennifer Corbett	Swansea Harriers	4.81	
7	8 Laura Willey	Wigan Harriers AC	4.75	
8	4 Jenny Woods	Liverpool Harriers	4.17	

SW Long Jump		'B' String		
pos.	Name	Team	Perf.	
1	22 Elayne Henderson	City of Glasgow	5.54	G3
2	11 Sharon Hevern	Cardiff AAC	5.22	
3	66 Kim Murray	Team Southampton	5.19	
4	55 Sara Barry	Swansea Harriers	4.64	
5	7 Lysnie Whyke	Wakefield Harriers	4.43	
6	88 Beth Heaton	Wigan Harriers AC	4.26	
7	33 Emma Christmas	Havering Mayesbrook	4.03	
8	---			

SW Triple Jump		'A' String		
pos.	Name	Team	Perf.	
1	6 Katherine Streatfield	Team Southampton	12.14	G2
2	3 Kirsty Smith	Havering Mayesbrook	11.65	G2
3	1 Diana Pugh	Cardiff AAC	11.27	G2
4	8 Jackie Cooke	Wigan Harriers AC	10.42	G3
5	4 Jenny Woods	Liverpool Harriers	10.16	G3
6	5 Jennifer Corbett	Swansea Harriers	9.97	
7	7 Lysnie Whyke	Wakefield Harriers	9.92	
8	2 Lisa Doyle	City of Glasgow	9.89	

SW Triple Jump		'B' String		
pos.	Name	Team	Perf.	
1	11 Hannah Williams	Cardiff AAC	10.57	G3
2	66 Clare Ridgley	Team Southampton	9.78	
3	88 Laura Willey	Wigan Harriers AC	9.61	
4	22 Stephanie O'Neil	City of Glasgow	9.14	
5	44 Liz Egan	Liverpool Harriers	9.05	
6	77 Tracy Hilton	Wakefield Harriers	8.99	
7	33 Robyn Delevitt	Havering Mayesbrook	7.96	
8	---			

SW Shot Putt			
pos.	Name	Team	Perf.
1	5	Sally Hinds	Swansea Harriers 14.59 G1
2	8	Kara Nwiodobie-Sharpe	Wigan Harriers AC 13.05 G2
3	2	Laura Redmond	City of Glasgow 12.21 G3
4	6	Vicki Foster	Team Southampton 12.07 G3
5	7	Laura Whittingham	Wakefield Harriers 12.06 G3
6	4	Gemma Llewellyn	Liverpool Harriers 11.46 G3
7	3	Mel Harrison	Havering Mayesbrook 10.25
8	1	Alyson Hourihan	Cardiff AAC 9.91

SW Shot Putt			
pos.	Name	Team	Perf.
1	77	Bethany Staniland	Wakefield Harriers 11.51 G3
2	66	Debbie Callaway	Team Southampton 10.99
3	22	Claire Cameron	City of Glasgow 9.43
4	55	Nicola Stephens	Swansea Harriers 8.85
5	33	Vicky Thompson	Havering Mayesbrook 8.33
6	11	Anna Howard	Cardiff AAC 8.33
7	88	Jackie Cooke	Wigan Harriers AC 7.68
8	---		

SW Discus			
pos.	Name	Team	Perf.
1	8	Kara Nwiodobie-Sharpe	Wigan Harriers AC 52.28 G1
2	66	Debbie Callaway	Team Southampton 41.28 G3
3	4	Gemma Llewellyn	Liverpool Harriers 37.90 G3
4	7	Bethany Staniland	Wakefield Harriers 37.53 G3
5	3	Mel Harrison	Havering Mayesbrook 37.26 G3
6	2	Susan Freebairn	City of Glasgow 37.16 G3
7	1	Alyson Hourihan	Cardiff AAC 34.31
8	55	Nicola Stephens	Swansea Harriers 26.11

SW Discus			
pos.	Name	Team	Perf.
1	6	Vicki Foster	Team Southampton 38.87 G3
2	22	Claire Cameron	City of Glasgow 35.76
3	77	Hayley Whyke	Wakefield Harriers 28.50
4	11	Beth Sewell	Cardiff AAC 28.36
5	33	Vicky Thompson	Havering Mayesbrook 25.60
6	5	Kathryn Evans	Swansea Harriers 24.93
7	88	Bethan Lishman	Wigan Harriers AC 23.84
8	---		

SW Hammer			
pos.	Name	Team	Perf.
1	2	Katie Horne	City of Glasgow 50.20 G1
2	55	Nicola Stephens	Swansea Harriers 46.38 G1
3	1	Anna Howard	Cardiff AAC 44.07 G2
4	7	Nicky Jackson	Wakefield Harriers 42.49 G2
5	6	Vicki Foster	Team Southampton 39.08 G2
6	8	Bethan Lishman	Wigan Harriers AC 38.61 G3
7	33	Vicky Thompson	Havering Mayesbrook 37.09 G3
8	44	Gemma Llewellyn	Liverpool Harriers 23.41

SW Hammer			
pos.	Name	Team	Perf.
1	5	Sally Hinds	Swansea Harriers 43.78 G2
2	11	Beth Sewell	Cardiff AAC 36.64 G3
3	3	Mel Harrison	Havering Mayesbrook 35.75 G3
4	22	Susan Freebairn	City of Glasgow 34.31 G3
5	66	Becky Ridgley	Team Southampton 30.44
6	77	Hayley Whyke	Wakefield Harriers 12.70
7	---		
8	---		

SW Javelin			
pos.	Name	Team	Perf.
1	3	Louise Matthews	Havering Mayesbrook 45.43 G2
2	7	Laura Whittingham	Wakefield Harriers 44.85 G2
3	22	Laura Redmond	City of Glasgow 36.53 G3
4	6	Grace Clements	Team Southampton 35.97 G3
5	1	Alyson Hourihan	Cardiff AAC 28.04
6	5	Kathryn Evans	Swansea Harriers 25.09
7	88	Megan Lishman	Wigan Harriers AC 24.30
8	4	Katey Read	Liverpool Harriers 12.08

SW Javelin			
pos.	Name	Team	Perf.
1	77	Bethany Staniland	Wakefield Harriers 38.53 G3
2	33	Emma Christmas	Havering Mayesbrook 36.49 G3
3	2	Ashley Austin	City of Glasgow 35.83 G3
4	66	Debbie Callaway	Team Southampton 29.93
5	11	Sharon Hevern	Cardiff AAC 26.93
6	55	Sara Barry	Swansea Harriers 20.52
7	8	Bethan Lishman	Wigan Harriers AC 11.50
8	44	Kaye McGing	Liverpool Harriers 9.40

SW 4x100m Relay						
pos.	Team	First Leg	Second Leg	Third Leg	Forth Leg	Perf.
1	6	Team Southampton	Emily Young	Vicki Burgess	Kim Murray	Sian Scott 49.1
2	8	Wigan Harriers AC	Jackie Cooke	Laura Gillespy	Amy Freeman	Jennifer Meadows 49.2
3	1	Cardiff AAC	Sarah Lane	Mel Stephenson	Cara Roberts	Hannah Williams 49.3
4	2	City of Glasgow	Erin Lesatte	Danielle Osbourne	Alison Reid	Elayne Henderson 50.2
5	4	Liverpool Harriers	Laura Holdsworth	Helen Asher	Katey Read	Gayle O'Connor 50.8
6	5	Swansea Harriers	Jennifer Corbett	Anwen Rees	Anna Leyshon	Kirsty Woolford 51.4
7	3	Havering Mayesbrook	Mel Harrison	Hannah Gamester	Cloe Van Wulvan	Kirsty Smith 53.1
8	---					

SW 4x400m Relay						
pos.	Team	First Leg	Second Leg	Third Leg	Forth Leg	Perf.
1	8	Wigan Harriers AC	Shona MacPherson	Laura Gillespy	Amy Freeman	Jenifer Meadows 3:45.4
2	2	City of Glasgow	Lisa Doyle	Sarah Quinn	Aileen Connolly	Alyssa Fullelove 3:49.5
3	1	Cardiff AAC	Lisa Parry	Emma Peters	Eleanor Caney	Lucy Lougher 3:49.9
4	6	Team Southampton	Claire Nicholls	Vicki Burgess	Grace Clements	Athlete # 4 3:55.8
5	4	Liverpool Harriers	Kate McGing	Hana Carroll	Vicky Griffiths	Laura Holdsworth 4:01.7
6	5	Swansea Harriers	Angharad Randall	Jennifer Corbett	Carol Glover	Anwen Rees 4:11.1
7	3	Havering Mayesbrook	Harriet Scott	Vicky Smith	Robyn Matson	Robyn Delevitt 4:16.1
8	7	Wakefield Harriers	Ruth Dales	Lynsie Whyke	Kelly Johnson	Charlene Snelgrove 4:16.1

Event: **UK Womens League**
 Location: **Liverpool**
 Date: **6th August 2006**

Scores

Events	Cardiff AAC		City of Glasgow		Havering Mayesbrook		Liverpool Harriers		Swansea Harriers		Team Southampto		Wakefield Harriers		Wigan Harriers AC		Waste	
	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B
SW 100m	9	5	6	6	2	2	3	7	1	0	5	9	4	4	7	3	0	1
SW 200m	4	7	6	6	1	1	2	3	5	2	7	5	3	4	9	9	0	0
SW 400m	7	7	3	5	4	2	6	4	1	1	5	3	2	6	9	9	0	0
SW 800m	5	6	4	3	6	5	3	7	7	4	2	2	9	9	0	0	1	1
SW 1500m	9	6	6	9	3	4	7	7	4	5	2	3	5	0	1	2	0	1
SW 3000m	6	6	5	7	9	5	7	9	0	0	4	4	0	0	0	0	6	6
SW 100m Hurdles	7	5	9	6	0	0	6	9	2	0	4	7	3	4	5	0	1	6
SW 400m Hurdles	6	9	5	6	3	4	0	0	7	7	9	5	4	0	2	0	1	6
SW High Jump	9	9	7	7	5	0	4	6	6	5	1	3	2.5	2	2.5	4	0	1
SW Pole Vault	6	9	9	0	2	5	0	0	4	0	5	7	3	0	7	6	1	10
SW Long Jump	6	7	9	9	4	2	1	0	3	5	7	6	5	4	2	3	0	1
SW Triple Jump	6	9	1	5	7	2	4	4	3	0	9	7	2	3	5	6	0	1
SW Shot Putt	1	3	6	6	2	4	3	0	9	5	5	7	4	9	7	2	0	1
SW Discus	2	5	3	7	4	4	6	0	1	3	7	9	5	6	9	2	0	1
SW Hammer	6	7	9	5	2	6	1	0	7	9	4	4	5	3	3	0	0	3
SW Javelin	4	4	6	6	9	7	1	1	3	3	5	5	7	9	2	2	0	0
SW 4x100m Relay	6	---	5	---	2	---	4	---	3	---	9	---	0	---	7	---	1	---
SW 4x400m Relay	6	---	7	---	2	---	4	---	3	---	5	---	1	---	9	---	0	---
Totals:	105	104	106	93	67	53	62	57	69	49	95	86	64.5	63	86.5	48	11	39
Team Totals:	209		199		120		119		118		181		127.5		134.5		50	
Adjustment:																		0

Competition:	Pts
1 Cardiff AAC	209
2 City of Glasgow	199
3 Team Southampton	181
4 Wigan Harriers AC	134.5
5 Wakefield Harriers	127.5
6 Havering Mayesbrook	120
7 Liverpool Harriers	119
8 Swansea Harriers	118

Overall Summary

Top 70 Point Scorers

Pos	Competitor	Team	Points
1	Bethany Staniland	Wakefield Harriers	23
2	Laura Redmond	City of Glasgow	21
3	Sharon Hevern	Cardiff AAC	20
4	Debbie Callaway	Team Southampton	19
5	Shona MacPherson	Wigan Harriers AC	18.5
6	Sally Hinds	Swansea Harriers	18
7	Vicki Foster	Team Southampton	18
8	Jennifer Meadows	Wigan Harriers AC	18
9	Helen Asher	Liverpool Harriers	16
10	Sian Scott	Team Southampton	16
11	Grace Clements	Team Southampton	16
12	Kara Nwidobie-Sharpe	Wigan Harriers AC	16
13	Cara Roberts	Cardiff AAC	15
14	Kelly Johnson	Wakefield Harriers	15
15	Eleanor Caney	Cardiff AAC	14
16	Debbie Jones	Cardiff AAC	14
17	Vicki Burgess	Team Southampton	14
18	Clare Ridgley	Team Southampton	14
19	Claire Cameron	City of Glasgow	13
20	Kirsty Smith	Havering Mayesbrook	13
21	Vicky Griffiths	Liverpool Harriers	13
22	Anna Leyshon	Swansea Harriers	13
23	Nicola Stephens	Swansea Harriers	13
24	Katherine Streatfield	Team Southampton	13
25	Charlene Snelgrove	Wakefield Harriers	13
26	Bethan Strange	Cardiff AAC	12
27	Beth Sewell	Cardiff AAC	12
28	Aileen Connolly	City of Glasgow	12
29	Lisa Doyle	City of Glasgow	12
30	Mel Harrison	Havering Mayesbrook	12
31	Anwen Rees	Swansea Harriers	12
32	Carol Glover	Swansea Harriers	12
33	Emily Young	Team Southampton	12

Grade Summary

Grade 1		
Jennifer Meadows	Wigan Harriers AC	SW 400m
Charlene Snelgrove	Wakefield Harriers	SW 800m
Alyssa Fullelove	City of Glasgow	SW 100m H
Sian Scott	Team Southampton	SW 400m H
Jennifer Graham	City of Glasgow	SW PV
Hannah Abrahams	Cardiff AAC	SW PV
Michelle Sharrock	Wigan Harriers AC	SW PV
Clare Ridgley	Team Southampton	SW PV
Jessica Abrahams	Cardiff AAC	SW PV
Melanie McCoy	Wigan Harriers AC	SW PV
Becky Ridgley	Team Southampton	SW PV
Anna Leyshon	Swansea Harriers	SW PV
Caroline Nutt	Wakefield Harriers	SW PV
Sally Hinds	Swansea Harriers	SW Shot
Kara Nwidobie-Sharpe	Wigan Harriers AC	SW Discus
Katie Horne	City of Glasgow	SW Hammer
Nicola Stephens	Swansea Harriers	SW Hammer

Grade 2		
Jennifer Meadows	Wigan Harriers AC	SW 200m
Sian Scott	Team Southampton	SW 200m
Amy Freeman	Wigan Harriers AC	SW 400m
Lisa Parry	Cardiff AAC	SW 400m
Vicky Griffiths	Liverpool Harriers	SW 400m
Faye Fullerton	Havering Mayesbrook	SW 3000m
Sarah Lane	Cardiff AAC	SW 100m H
Katey Read	Liverpool Harriers	SW 100m H
Jackie Cook	Wigan Harriers AC	SW 100m H
Anwen Rees	Swansea Harriers	SW 400m H
Emma Peters	Cardiff AAC	SW 400m H
Sharon Hevern	Cardiff AAC	SW HJ
Katherine Streatfield	Team Southampton	SW TJ
Kirsty Smith	Havering Mayesbrook	SW TJ
Diana Pugh	Cardiff AAC	SW TJ

Team Summary

Cardiff AAC	
Number of Athletes	21
Points / Athlete	1.85
Track Points	39
Field Points	0
Total Points	39
Wasted Events	0

City of Glasgow	
Number of Athletes	23
Points / Athlete	1.39
Track Points	32
Field Points	0
Total Points	32
Wasted Events	0

Havering Mayesbrook	
Number of Athletes	15
Points / Athlete	0.8
Track Points	12
Field Points	0
Total Points	12
Wasted Events	0

Liverpool Harriers	
Number of Athletes	14
Points / Athlete	1.78
Track Points	25
Field Points	0
Total Points	25
Wasted Events	0

Pos	Competitor	Team	Points
34	Jess McMonagle	Team Southampton	12
35	Ruth Dales	Wakefield Harriers	12
36	Becky Ridgley	Team Southampton	11
37	Tracy Hilton	Wakefield Harriers	11
38	Laura Whittingham	Wakefield Harriers	11
39	Sandra Branney	City of Glasgow	10
40	Harriet Scott	Havering Mayesbrook	10
41	Vicky Thompson	Havering Mayesbrook	10
42	Katey Read	Liverpool Harriers	10
43	Gemma Llewellyn	Liverpool Harriers	10
44	Amy Freeman	Wigan Harriers AC	10
45	Mel Stephenson	Cardiff AAC	9
46	Lucy Lougher	Cardiff AAC	9
47	Alisa Wallace	Cardiff AAC	9
48	Hannah Abrahams	Cardiff AAC	9
49	Hannah Williams	Cardiff AAC	9
50	Anna Howard	Cardiff AAC	9
51	Joanne Finch	City of Glasgow	9
52	Alyssa Fullelove	City of Glasgow	9
53	Jennifer Graham	City of Glasgow	9
54	Elayne Henderson	City of Glasgow	9
55	Katie Horne	City of Glasgow	9
56	Cloe Van Wulvan	Havering Mayesbrook	9
57	Faye Fullerton	Havering Mayesbrook	9
58	Emma Christmas	Havering Mayesbrook	9
59	Louise Matthews	Havering Mayesbrook	9
60	Gayle O'Connor	Liverpool Harriers	9
61	Maria Barrett	Liverpool Harriers	9
62	Jenny Woods	Liverpool Harriers	9
63	Kim Murray	Team Southampton	9
64	Kate Edmundson	Wakefield Harriers	9
65	Hayley Whyke	Wakefield Harriers	9
66	Susan Freebairn	City of Glasgow	8
67	Elinor Kirk	Swansea Harriers	8
68	Sara Barry	Swansea Harriers	8
69	Catherine Davies	Team Southampton	8
70	Beth Heaton	Wigan Harriers AC	8

Kara Nwidobie-Sharpe	Wigan Harriers AC	SW Shot
Sally Hinds	Swansea Harriers	SW Hammer
Anna Howard	Cardiff AAC	SW Hammer
Nicky Jackson	Wakefield Harriers	SW Hammer
Vicki Foster	Team Southampton	SW Hammer
Louise Matthews	Havering Mayesbrook	SW Javelin
Laura Whittingham	Wakefield Harriers	SW Javelin

Grade 3

Cara Roberts	Cardiff AAC	SW 100m
Vicki Burgess	Team Southampton	SW 100m
Shona MacPherson	Wigan Harriers AC	SW 100m
Helen Asher	Liverpool Harriers	SW 100m
Aileen Connolly	City of Glasgow	SW 100m
Emily Young	Team Southampton	SW 100m
Shona MacPherson	Wigan Harriers AC	SW 200m
Eleanor Caney	Cardiff AAC	SW 200m
Lisa Doyle	City of Glasgow	SW 200m
Aileen Connolly	City of Glasgow	SW 200m
Anwen Rees	Swansea Harriers	SW 200m
Mel Stephenson	Cardiff AAC	SW 200m
Eleanor Caney	Cardiff AAC	SW 400m
Claire Nicholls	Team Southampton	SW 400m
Kelly Johnson	Wakefield Harriers	SW 800m
Carol Glover	Swansea Harriers	SW 800m
Harriet Scott	Havering Mayesbrook	SW 800m
Debbie Jones	Cardiff AAC	SW 1500m
Vicky Griffiths	Liverpool Harriers	SW 1500m
Laura Carney	Liverpool Harriers	SW 3000m
Emily Brown	Cardiff AAC	SW 3000m
Helen Asher	Liverpool Harriers	SW 100m H
Emily Young	Team Southampton	SW 100m H
Kelly Mann	City of Glasgow	SW 100m H
Gemma Gouldbourne	Cardiff AAC	SW 100m H
Grace Clements	Team Southampton	SW 100m H
Ruth Dales	Wakefield Harriers	SW 100m H
Lucy Lougher	Cardiff AAC	SW 400m H
Lisa Doyle	City of Glasgow	SW 400m H
Tracy Hilton	Wakefield Harriers	SW 400m H

Swansea Harriers

Number of Athletes	12
Points / Athlete	0.833
Track Points	10
Field Points	0
Total Points	10
Wasted Events	1

Team Southampton

Number of Athletes	13
Points / Athlete	2.61
Track Points	34
Field Points	0
Total Points	34
Wasted Events	0

Wakefield Harriers

Number of Athletes	14
Points / Athlete	1.64
Track Points	23
Field Points	0
Total Points	23
Wasted Events	0

Wigan Harriers AC

Number of Athletes	15
Points / Athlete	3.06
Track Points	46
Field Points	0
Total Points	46
Wasted Events	0

Alisa Wallace	Cardiff AAC	SW HJ
Erin Lesatte	City of Glasgow	SW HJ
Barbara Kolasinski	City of Glasgow	SW HJ
Ceri Stokoe	Swansea Harriers	SW HJ
Hannah Gamester	Havering Mayesbrook	SW PV
Laura Redmond	City of Glasgow	SW LJ
Elayne Henderson	City of Glasgow	SW LJ
Grace Clements	Team Southampton	SW LJ
Hannah Williams	Cardiff AAC	SW TJ
Jackie Cooke	Wigan Harriers AC	SW TJ
Jenny Woods	Liverpool Harriers	SW TJ
Bethany Staniland	Wakefield Harriers	SW Shot
Laura Redmond	City of Glasgow	SW Shot
Vicki Foster	Team Southampton	SW Shot
Laura Whittingham	Wakefield Harriers	SW Shot
Gemma Llewellyn	Liverpool Harriers	SW Shot
Vicki Foster	Team Southampton	SW Discus
Debbie Callaway	Team Southampton	SW Discus
Gemma Llewellyn	Liverpool Harriers	SW Discus
Bethany Staniland	Wakefield Harriers	SW Discus
Mel Harrison	Havering Mayesbrook	SW Discus
Susan Freebairn	City of Glasgow	SW Discus
Beth Sewell	Cardiff AAC	SW Hammer
Mel Harrison	Havering Mayesbrook	SW Hammer
Susan Freebairn	City of Glasgow	SW Hammer
Bethan Lishman	Wigan Harriers AC	SW Hammer
Vicky Thompson	Havering Mayesbrook	SW Hammer
Bethany Staniland	Wakefield Harriers	SW Javelin
Emma Christmas	Havering Mayesbrook	SW Javelin
Laura Redmond	City of Glasgow	SW Javelin
Ashley Austin	City of Glasgow	SW Javelin
Grace Clements	Team Southampton	SW Javelin